

*Teaching Healthy Boundaries 101 & 201*  
**Training of Trainers**  
Nashville, TN – April 24-25, 2018  
Rev. Glenna Shepherd and Emily Cohen, M.Div.

### LEARNING OBJECTIVES

This course will equip trainers to teach Healthy Boundaries 101 & 201. It is designed for those persons designated by their judicatory or organization to train clergy and spiritual teachers about healthy boundaries. Whether new to this training assignment or experienced, participants in the course will deepen their own understanding of the issues, explore new challenges, and expand their options for training others.

- Review healthy boundaries fundamentals including power and vulnerability, dating, dual relationships, gifts, personal needs and self-care.
- Analysis of emerging issues for healthy boundaries and ministry beyond the basics including managing healthy boundaries in a dot-com culture, power and finances.
- Prepare trainers to teach Healthy Boundaries 101 & 201 with practices for effective training.
- Strengthen training skills to increase confidence in presenting this material.

### WHO SHOULD ATTEND

- This course is recommended for experienced trainers who also have background in healthy boundaries and clergy misconduct topics and who are training other faith leaders;
- Those seeking a refresher or new material on boundaries [previously trained by FaithTrust Institute];
- Those who want to learn more about using *A Sacred Trust* curriculum to train local clergy about healthy boundaries in ministerial relationships.

### TRAINING FEE INCLUDES

- Two-day in-person classroom training
- Teaching Healthy Boundaries 101 & 201 Training Kit which includes:
  - *Teacher's Guide* with background information, discussion questions and interactive exercises
  - *A Sacred Trust* DVD (for use with Healthy Boundaries 101)
  - *Teaching Excerpts* DVD (for use with Healthy Boundaries 201)
  - Healthy Boundaries 101 Course Workbook
  - Healthy Boundaries 201 Course Workbook
- PowerPoint modules on Power, Social Media, Cyberporn/sex, Finances, Taking it Back to your Congregation

## REGISTRATION DEADLINES

- \$750 Early Registration: ends Wednesday, February 28<sup>th</sup>.
- \$850 Regular Registration  
*\*\*Group discounts (\$650 per person) are given to groups of 4 or more people from the same local church or conference/region. Call for more information (see below).*

## QUESTIONS

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